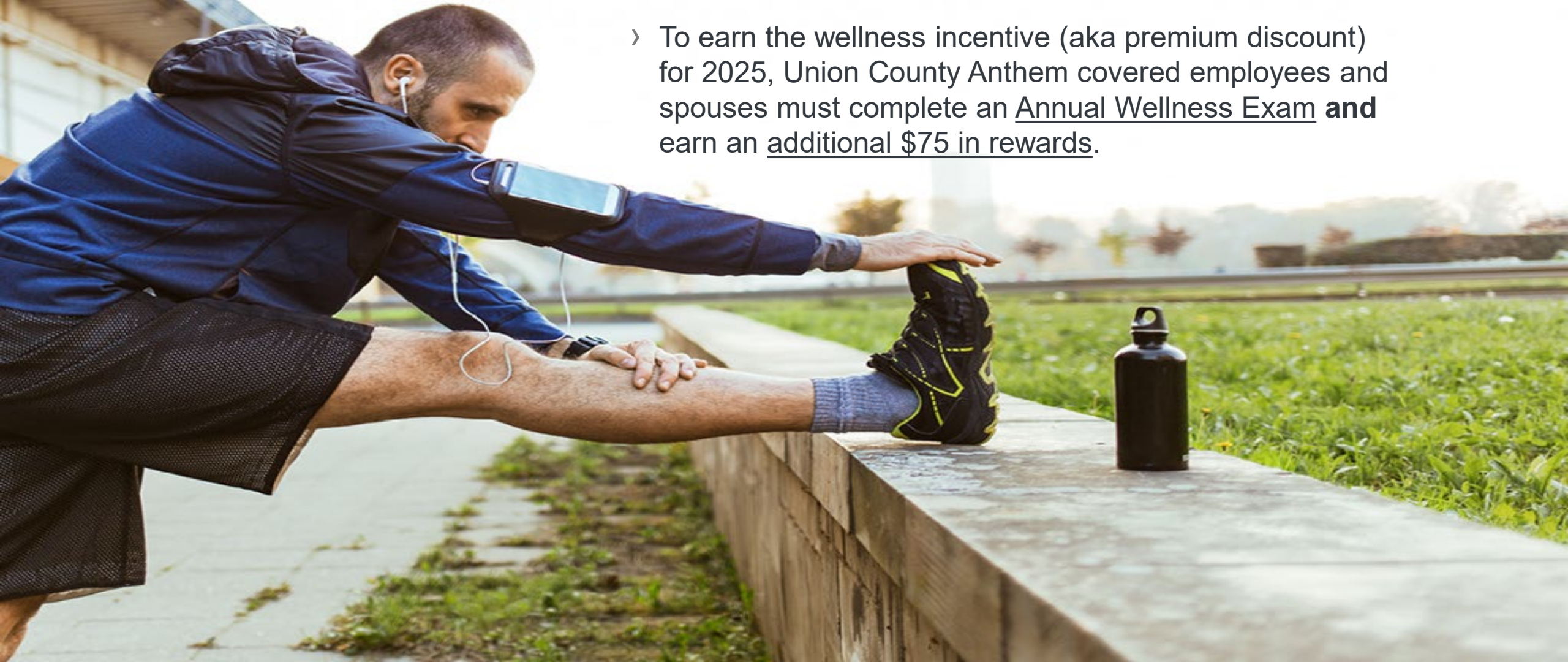





Focus on your Well-being and earn up to \$200



- › Anthem covered employees and their covered spouses can each earn up to \$200, for completing a number of rewardable activities between 8/15/23 and 8/14/24.
- › To earn the wellness incentive (aka premium discount) for 2025, Union County Anthem covered employees and spouses must complete an Annual Wellness Exam and earn an additional \$75 in rewards.



Anthem Rewards & Union County 2025 Wellness Incentive Requirements

| | Rewardable Activity | Tracking Method | Annual Reward |
|---|--|-------------------------|---|
| Preventive Care  | Annual Wellness Exam *REQUIRED FOR UNION COUNTY EMPLOYEES & SPOUSES | Claims | \$25 |
| | Flu shot | Claims | \$10 |
| | COVID 19 Vaccine (& boosters) | Claims | \$5 |
| | Other Vaccines (HPV, Pneumonia and shingles) \$5 x 3 = up to \$15/year max | Claims | \$15 |
| | A1C Lab test (once annually) | Claims | \$10 |
| | Cholesterol test | Claims | \$10 |
| | Colorectal cancer screening (i.e., colonoscopy, Cologuard) (45 yrs. and older) | Claims | \$25 |
| | Routine Screening Mammogram (Women 40 to 74 yrs. old) | Claims | \$25 |
| | Prostate cancer screening | Claims | \$5 |
| | Skin Cancer Screening | Claims | \$5 |
| Condition Management  | SWORD Virtual Physical Care (Completion of Session #9) | Completion | \$30 for Completion |
| | ConditionCare (Completion) | Completion | \$30 for Completion |
| | Medication Adherence for Asthma, CAD, COPD, Diabetes, Hypertension | Claims | \$20/each |
| | Building Healthy Families (Completion of Post-Partum Assessment) | Completion | \$30 for Completion |
| Wellness / Digital Activities  | Login to website or app (1 st login per year) | Tracked | \$5 |
| | Download ID card | Tracked | \$5 |
| | Update contact information | Tracked | \$5 |
| | Connect a device | Tracked | \$5 |
| | Education- Read 5 articles or watch 5 videos | Tracked | \$5 |
| | Health Assessment | Tracked | \$25 |
| | Action plans - \$5 each/max. \$25 | Tracked | \$25 |
| | Nutrition Tracker – track 800 calories/day for 30 days per year (can earn up to \$60/year) | Tracked | \$60 |
| | Sleep Tracker - \$10 for tracking sleep for 15 days / month (can earn up to \$30/year) | Tracked | \$30 |
| | Tracking Steps \$2 per 50,000 steps (can earn up to \$50/year) | Tracked | \$50 |
| | 2 Team challenges - (\$25/each, can earn up to \$50/year) | Tracked | \$50 |
| | Maximum Annual Reward through Digital Gift Cards | | \$200 |
| | Union County 2025 Wellness Incentive (aka premium discount) Requirements | HR Confirms Eligibility | Complete Annual Wellness Exam & Earn Additional \$75 |

